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# The Porn Antidote: Attachment: God's Secret Weapon For Crushing Porn's Grip, And Creating The Life And Marriage You Dream Of.

**THE P\*RN ANTIDOTE**

- Have you repeatedly tried and failed to quit pornography?
- Are you tired of the guilt and shame?
- Has porn wreaked havoc in your marriage?

Pornography is a rapidly growing epidemic responsible for broken marriages, wrecked lives, and ruined careers.

This compelling and practical book will "unlock the code" of how porn hijacks your "3 brains." It deals with the core issues driving you to look at porn (it's not just lust), and unveils a blueprint for restoring your marriage.

You will see how God designed us to connect with Himself and with each other, and how this connection is a powerful antidote to porn's seduction.

For over 18 years, I have been helping men and couples find freedom from porn. Crack the cover to learn practical tips and proven strategies you can implement today. This easy-to-read guide contains everything you need to crush porn's grip and repair your marriage.

If you only apply 10% of what you read, you will see significant changes in your battle with porn. Read the first two chapters - if it isn't transforming then put it down. I'm betting you won't be able to.

**What people are saying about Carl Stewart and THE P\*RN ANTIDOTE**

*"Carl and Christ helped save our marriage. Working with Carl gave my wife and I the tools to better love each other. When we first met Carl my wife was drowning in pain. We are now closer than we've ever been and this closeness is running over to improve our whole family. Carl has been a great guide to reveal what Christ wants for us. Thanks, Carl!"*

*"I have learned that my pornography addiction is an escapism tool that I have been implementing for over half of my life. We have been able to root out the deeper issues, and I have learned that the way I feel about myself is much worse than how Jesus feels about me. I like how Jesus feels about me better."*

*"I would recommend this book to anyone wanting to know more about the subject, someone struggling with the addiction and their spouse/significant other for a better understanding of the addiction."*

Carl Stewart earned his MA in counseling at Denver Seminary. He is a counselor and coach in an overflowing practice working with men and marriages devastated by pornography and sexual addiction. He has advanced training and supervision in Emotionally Focused Therapy - the most empirically validated marital therapy, uniquely suited to restoring marriages affected by sexual betrayal. Carl Stewart is a paid speaker at men's events, marriage retreats, and parenting seminars.

[www.thepornantidote.com](http://www.thepornantidote.com)

**THE P\*RN ANTIDOTE**

**THE P\*RN ANTIDOTE**

**CARL STEWART, MA**

**ATTACHMENT: GOD'S SECRET WEAPON for CRUSHING PORN'S GRIP, & CREATING THE LIFE & MARRIAGE YOU DREAM OF**

**CARL STEWART, MA**



## Synopsis

-Have you repeatedly tried and failed to quit looking at pornography?-Are you tired of the guilt and shame?-Has porn wreaked havoc in your marriage?Pornography is a rapidly growing epidemic responsible for broken marriages, wrecked lives, and ruined careers. This compelling and practical book will crack the code of how porn hijacks your brain, deal with the core issues driving you to look at porn (it's not just lust), and unveil a blueprint for restoring your marriage. You will see how God designed us to connect with Him and with each other is a powerful antidote to porn's seduction. I have been helping men and couples find freedom from porn for over 18 years. Crack the cover to learn practical tips and proven strategies you can implement today. This easy-to-read guide contains everything you need to crush porn's grip and repair your marriage. If you only apply 10% of what you read you will see significant changes in your battle with porn. Read the first two chapters- if it isn't transforming then put it down. I'm betting you won't be able to. Carl and Christ helped save our marriage. Working with Carl gave my wife and I the tools to better love each other. When we first met Carl my wife was drowning in pain. We are now closer than we've ever been and this closeness is running over to improve our whole family. Carl has been a great guide to reveal what Christ wants for us. thanks, Carl! I have learned that my pornography addiction is an escapism tool that I have been implementing for over half of my life. We have been able to root out the deeper issues, and I have learned that the way I feel about myself is much worse than how Jesus feels about me. I like how Jesus feels about me better! I would recommend this book to anyone wanting to know more about the subject, someone struggling with the addiction and their spouse/significant other for a better understanding of the addiction.

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## **Customer Reviews**

As a pastor of 25 years, and a president and CEO of a nationally recognized counseling center, I have witnessed the devastating effects of sexual addiction in hundreds of lives. I would encourage every pastor to read this book and purchase a few copies to hand out to counselees who would benefit from the excellent insights and solution-oriented, scripturally sound, problem-solving concepts Stewart presents. The chapter on attachment alone is worth the investment of time and money. I'm recommending this book to men's ministry leaders and support groups as an excellent resource. I'm not into overstatements like "must read." But...really...you should!

Knowledge is power. In this book, Mr. Stewart gives the reader knowledge as to the processing of emotions, connecting in relationships and the tools necessary to battle looking at pornography and other behavioral issues. I wish I would have had this information 20 years ago. This book is not just about pornography. The information in the book applies to a wide range of problems. It is applicable to marital conflict and other struggles such as anger and bitterness. I found the information to be very thought provoking and caused me to analyze myself in such a manner to produce change in my behavior. Mr. Stewart gives practical tools and information that will allow the reader to effectively battle in emotional struggles. I have personally exercised some of his suggestions and have found them to be very beneficial. My favorite chapter in the book is "Connecting with Christ." I plan reading this book again as a way to further cement the concepts into my life. I would encourage men who are having struggles with anger, porn, or marital conflict to read this book. The information can produce hope and change. It is a short read and the material is not difficult to grasp.

This helpful and honest resource will soon become a new standard for individuals, marriages and small groups. Really thankful for this work.

Excellent book! Well written. Has great insight. Seeing how our minds operate was fascinating. I

think everyone should read this book. Sex is so prevalent in our society - it's on TV, advertisements, the internet, etc. We need to be proactive in preventing a porn addiction instead of trying to fix it once we become addicted to it. This book is a must read. I will be reading it again.

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